



{31} daily inspirations online workshop

31 days...of creative inspiration. art journal PROMPTS. inspirations.

You've built an art journal or you have a journal sitting on your table waiting to be filled with color, marks and ART. This online workshop gives you DAILY jumpstarts, creative ways to fill the pages and INSPIRATION. Lessons delivered via PDF workbooks, videos, private classroom blog and LIVE chat. I look forward to having you participate in this artful journey!

Materials list: (NOTE: This class is all about daily inspiration using simple materials and tools. I am a big believer of using what you already own. Here is a list of basic recommended supplies. Please don't feel like you have to have the specific brands or buy anything.)

- Favorite fluid acrylic colors
- Tulip Fashion Sprays and Slick dimensional paint
- gesso
- Collage Pauge or soft gel medium
- Tombo self adhesive permanent roller or glue stick
- Art journal or loose sheets -30 Misc. papers up to 12"x18" to use to paint (examples: heavy drawing paper, copy paper, newsprint, Xerox copies, watercolor graph paper, envelopes, maps, ledger paper, things you have collected or in your stash. Try not to buy any new paper)
- 2-3 manila folders of FedEx legal size envelopes {these are available free at kinkos}
- A collection of YOU: a few fabric scraps, trim, images, drawings, photos, magazine clippings, black & white photocopies of text/fonts, etc.
- A selection of pens/markers - I use COPIC markers, sharpies, Prismacolor pencils, Derwent Inktense pencils, oil pastels, Sakura gel pens
- 1-3 favorite magazines to cut apart & for inspiration
- 2 - 1" foam brushes
- unmounted stamps and/or stencils
- found misc mark making tols - skewers, popsicle sticks, textured wallpaper (use what you have)
- plastic paint scraper - like old hotel key/gift card
- water containers
- Brayer
- A roll of tape (colored masking tape or gaffers tape)
- Scissors
- Painting smock
- Digital camera {optional} you can also do image searches on google, flickr or in magaaaines
- Sewing is optional, you can also use tape, glue or staples to attach things to pages